# Welcome to the Ambulatory Medical Assessment Area (AMAA)

Information and advice for patients and carers

## What is the AMAA?

The AMAA is a new hospital service which offers same day individualised assessment, diagnosis and medical care without the need to be admitted to a ward for ongoing treatment.

This information leaflet gives you an overview of how the service works in six simple steps. Please be aware that your individual journey through AMAA may vary slightly.

### 1. Before you arrive

You may have been referred to Sandwell or City Hospital AMAA by your GP, A&E or another route such as an outpatient clinic.

If you were referred by your GP, you will need to bring in the letter they gave you and a list of your current medication.

If you are unable to attend your appointment please contact the reception desk as soon as possible.

### 2. When you arrive at AMAA

You will be greeted by a receptionist who will introduce you to the unit facilities. The length of time you are on the unit depends on your presenting condition and the investigations we need to do.

On the unit you will meet specialist nurses and doctors.

### 3. Initial assessment

A nurse or doctor will undertake an initial assessment in the consultation area, where they will ask you to explain your symptoms and the history of your illness. Your assessment may also involve a Therapist.

### 4. Investigations

You may have to wait while we arrange investigations such as blood tests, x-rays and/or scans.

This may also involve you returning to the unit the next day.

### 5. Treatment

When the results from your tests are known, you will be reviewed by a senior doctor who will finalise and agree a treatment plan for you.

Your initial treatment will begin on the unit and where possible, arrangements will be made for you to continue the treatment at home. In some cases the doctor may decide that you require further monitoring and investigation and advise admission onto a ward in the hospital.

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#### 6. Next Steps

Once your care in AMAA is complete, you can go home. The staff will let you know the next steps for your treatment before you leave which may include a return to the unit for continued treatment and review.

## **Contact details**

If you have any questions or concerns, you can contact the AMAA either at City hospital of Sandwell Hospital on:

### **City Hospital**

Ambulatory Medical Assessment Area City Hospital Dudley Road Birmingham B18 7QH Tel: 0121 507 6103 Monday – Friday, 8am – 10pm Weekends, 8:30am – 12:30pm

### **Sandwell Hospital**

Ambulatory Medical Assessment Area Sandwell Hospital Lyndon West Bromwich B71 4HJ Tel: 0121 507 3773 Monday – Friday, 8am – 10pm Weekends, 8:30am – 12:30pm

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## **Further information**

For more information about our hospitals and services please see our websites *www.swbh.nhs.uk* and *www.swbhengage.com*, follow us on Twitter *@SWBHnhs* and like us on Facebook *www.facebook.com/SWBHnhs*.

If you would like to suggest any amendments or improvements to this leaflet please contact the communications department on 0121 507 5495 or email: **swb-tr.swbh-gm-patient-information@nhs.net** 



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ML4593 Issue Date: October 2014 Review Date: October 2016